



KLINICARE

FIRST AID BOX CHECKLIST

MINIMUM CONTENTS OF A FIRST AID BOX

In the case of shops and offices, the quantities stated under items 1, 8, 9, 10, 14, 15, 17 and 18 may be reduced by half.

- Item 1:** Wound cleaner/antiseptic (100ml)
- Item 2:** Swabs for cleaning wounds
- Item 3:** Wool for padding (100g)
- Item 4:** Sterile gauze (minimum quantity 10)
- Item 5:** 1 pair forceps (for splinters)
- Item 6:** 1 pair scissors (minimum size 100 mm)
- Item 7:** 1 set safety pins
- Item 8:** 4 triangular bandages
- Item 9:** 4 roller bandages (75mm x 5m)
- Item 10:** 4 roller bandages (100mm x 5 m)
- Item 11:** 1 roll elastic adhesive (25mm x 3m)
- Item 12:** 1 Non-allergic adhesive strip (25mm x 3m)
- Item 13:** 1 packet adhesive dressing strips (min. quantity, 10 assorted sizes)
- Item 14:** 4 First aid dressings (75mm x 100mm)
- Item 15:** 4 First aid dressings (150mm x 200mm)
- Item 16:** 2 Straight splints
- Item 17:** 2 pairs large and 2 pairs medium disposable latex gloves
- Item 18:** 2 CPR mouth pieces or similar devices

